

## SAFE Reporting Guidelines Version 1

These reporting guidelines identify the characteristics of a mental health intervention to report, in order to allow influences on implementation within the NHS to be evaluated.

The reference for these reporting guidelines is:

Bird VJ, Le Boutillier C, Leamy M, Williams J, Bradstreet S, Slade M (2014) *Evaluating the feasibility of complex interventions in mental health services: standardised measure and reporting guidelines*, British Journal of Psychiatry. DOI:10.1192/bjp.bp.113.128314.

<b>Item</b>	<b>Descriptor</b>
<b>INTERVENTION</b>	
1 Details of the intervention components	The complexity of the intervention should be specified, this includes recording and listing how many separate components make up the intervention.
2 Intervention manual	Is the intervention manualised? The report should contain details of any intervention manuals developed or used.
3 Flexibility	Can the intervention be tailored to different contexts and environments?
4 Ability to pilot the intervention	Can the intervention be piloted with a few individuals or within one or two teams?
5 Reversibility	Are the effects of the intervention permanent or can the intervention be stopped at any point within any harmful effects. If there are likely to be adverse effects associated with discontinuing the intervention, these should be reported.
6 Population	The intended population of the intervention should be described. For example is the intervention aimed at people with a particular diagnosis or using a particular service? The ability to adapt the intervention for use within other populations should also be reported.
<b>RESOURCE CONSEQUENCES</b>	
7 Staff training	Do staff require any specific training to deliver the intervention? If yes, details of the training should be reported. This includes the name of any specific training, the length of training e.g. does it last two half days, three hours etc. and any details about booster training sessions.
8 Support and supervision	Any ongoing support and supervision required to deliver the intervention should be reported. This included details about how much supervision is recommended and the format of supervision, e.g. Individual, group, peer supervision etc.
9 Time costs	How much time does the intervention require per client per week?
10 Human resources	What human resources are required to deliver the intervention?
11 Material resources	what material resources are required to deliver the intervention?
12 Set-up costs	Where possible the cost implications of the intervention should be reported. Any estimated costs associated with setting up the intervention should be reported.
<b>EVALUATION</b>	
13 Efficacy	This relates to the existing evidence base for the intervention or any theoretical evidence base. For instance is there supporting evidence that the intervention is efficacy of the intervention? Has the effectiveness of the intervention been established in previous clinical trials?
14 Outcomes	What are the intended outcomes of the intervention? What are the primary outcomes? What are the secondary outcomes?
15 Cost saving	Any information relating to the costs of the intervention should be reported, including the potential costs saved. Is there evidence of cost saving? Has the cost effectiveness of the intervention been assessed or estimated?
16 Adverse events	Are there any known adverse events associated with the intervention? What adverse events might be anticipated?